

Work Status Form/Return to Work Updates

Patient's Name:		Date of Birth:			
TO BE COMPLETED BY ATTENDING PROVIDER					
Today's Exam DATE: Date of Injury/Illness:		Ne	Next Exam DATE:		
Diagnosis:					
☐ Return to work with NO limitations on this DATE :					
☐ Completely incapacitated at this time - off work with Re-evaluation DATE :					
☐ Return to work with the temporary limitations listed below starting and ending on:					
Limitations Start DATE: Limitations End DATE:					
Return to work with permanent limitations: Start DATE :					
Restrictions:			LIMITATIONS		
□ SEDENTARY WORK: Requires little or no walking/standing and				Yes	No
require lifting of 5 pounds or less.			Stand		
☐ LIGHT WORK: May require significant walking/standing, individuals may lift 5 pounds regularly and 10 pounds maximum.		s	Walk		
			Sit		
☐ MEDIUM WORK: May require significant walking or standing. Individuals may lift 20 pounds regularly and up to 50 pounds maximum.			Drive		
			Bend		
☐ HEAVY WORK: Individual may lift 50 pounds regularly and up to 100 pounds maximum.			Squat		
			Kneel		
□ VERY HEAVY WORK: Individual may lift regularly and up to 100 pounds.			Climb		
			Туре		
			Reach		
OTHER INSTRUCTIONS AND/OR LIMITATIONS (Hours restrictions/Overtime restrictions):					
Physician's Name:					
Physician's Signature:			Date of Signature:		

- > Please do not send this document to your supervisor or department.
- > It should be returned to Leave Management Services at:
 - o Leave Management Services, 135 S. Gibson St., Medford, WI 54451
 - o E-mail: leavemanagementservices@aspirus.org
 - o Phone: 715-748-8115 Fax: 715-841-4300